

# Confirmation Sponsors

You've been chosen as a Confirmation Sponsor – now what?

Congratulations – how wonderful to be able to share your faith!

According to the Catechism of the Catholic Church, the role of the Confirmation sponsor is to, “Continue to help the candidate along the road of Christian life, to safeguard and develop the grace given at Baptism and now sealed with the Holy Spirit.” (CCC. 1320)

1. Give the gift of time and attention to the candidate during the period of preparation for the Sacrament of Confirmation.
2. Listen more than talk. Listen without expressing judgement.
3. When you talk, talk from your heart.
4. Find small ways to show you're thinking of your candidate throughout the time of preparation with an e-mail, phone call or a card sent in the mail.
5. Follow up on interests the candidate has mentioned to you and discuss them with the candidate.
6. Pray for the candidate daily and ask the candidate to pray for you.
7. Tell stories that reflect your faith. The stories don't have to be pious or overtly holy. They can simply reflect the daily challenges and graces that life entails.
8. Offer concrete, positive praise for the goodness and potential you see in the candidate.
9. Realize your role doesn't end on Confirmation day. Make plans to stay in touch. On each birthday, baptismal anniversary, or Confirmation anniversary, send a handwritten note, card or small gift that speaks of your faith.
10. Let this invitation to be a sponsor inspire you to focus more on your faith, which will not only help you, but also be a great example to your candidate.

Your presence in the life of the person who has chosen you as sponsor is essential. This relationship is not just for the Confirmation day but a continuing journey that can take you both to a deeper faith experience!