

# Take Home

## We Receive the Gift of Jesus

This chapter presents the concept of the Real Presence of Jesus in the Eucharist. The children will learn that we remember the Last Supper at Mass. They will discover that Jesus is present in the Eucharist. Lastly, they will learn how to receive Jesus in the Eucharist.

### ACTIVITY **It's All Set**

Teach your child how to set the table with plates, glasses, napkins, and silverware. Add candles and flowers. Explain that just as the family table should be set in a particular way for a meal, so the altar is set in a particular way for Mass.



### THROUGH THE WEEK

**+** **A PRAYER FOR THE WEEK** O Lord, we give thanks for the great gift of the Eucharist. Just as Jesus shared this greatest of gifts with us, may we in turn share our gifts with others. Amen.

#### ON SUNDAY

Listen carefully to the words of consecration. After Mass, discuss what you heard.

#### ON THE WEB

**BlestAreWe.com**  
[RCLBLEctionary.com](http://RCLBLEctionary.com)  
[SaintsResource.com](http://SaintsResource.com)

#### **Saint Teresa of the Andes (1900–1920)**

Born Juanita Solar in Santiago, Chile, Saint Teresa joined the Carmelites at age 19. From childhood, she focused her life on sacrifice and prayer. At the age of 20 she died from typhoid fever. In 1993, she became the first Chilean to be canonized.

**Patron Saint of:**  
sick people and  
all young people

**Feast Day:** July 13





# Take Home

## Scripture Background In the Time of Jesus

**Passover Meal** When Jesus and the Apostles gathered for a meal on the night before he died, they were sharing a Passover meal to commemorate the freedom of the Jews from Egyptian slavery. Foods at a Passover meal have special meaning. The matzo, or unleavened bread, represents manna, which fed the Israelites in the desert; bitter herbs symbolize the harshness of slavery; the lamb recalls the sacrifice at the first Passover; and the egg symbolizes new life in the covenant with God.

**You can read about Jesus' Last Supper in Matthew 26:17–30.**



## Our Catholic Tradition in Rituals

**Eucharistic Processions** Many parishes and dioceses celebrate a Eucharistic procession on the Solemnity of the Most Holy Body and Blood of Christ. The Blessed Sacrament is displayed in a monstrance and is carried in a procession around the church, from one parish to another, or—with the permission of the diocesan bishop—through the neighborhood of the church. Often, a canopy is held over the priest or bishop holding the monstrance. Eucharistic hymns are sung during the procession, which often stops at four stations for the proclamation of a Gospel reading, a prayer, and a blessing. At the conclusion of the procession, benediction is celebrated. Such processions give public witness to Catholics' devotion to the Eucharist and belief in the Real Presence of Christ in the Eucharist.





# We Receive the Gift of Jesus

Chapter

14

... "I am the bread of life; whoever comes to me will never hunger, ..."

John 6:35

## Share

We all need food and water to stay healthy. But we have other needs, or hungers, too.

## ACTIVITY

Look at these pictures. How is each person hungry?



Matt has not eaten since lunch. He is hungry for

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Chloe is very, very tired. She is hungry for



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Luis can't rake all these leaves. He is hungry for

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In what ways does Jesus answer our needs and hungers?

## **The Gift of Eucharist**

The second part of the Mass is the Liturgy of the Eucharist. We offer gifts of bread and wine. We remember the Last Supper. The priest prepares the gifts that will become the Body and Blood of Christ. He then prays:

On the day before he was to suffer,  
on the night of the Last Supper,  
he took bread and said the blessing,  
broke the bread and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was ended,  
he took the chalice, gave you thanks  
and gave the chalice to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL  
COVENANT,**

**WHICH WILL BE Poured OUT FOR YOU AND  
FOR MANY**

**FOR THE FORGIVENESS OF SINS.**

**DO THIS IN MEMORY OF ME.**

Eucharistic Prayer for Use in Masses for Various Needs II  
*Roman Missal*



## The Meal of God's People

During Mass we remember the Last Supper. At that meal, Jesus changed bread and wine into his Body and Blood. At Mass we also remember the Death and Resurrection of Jesus Christ.

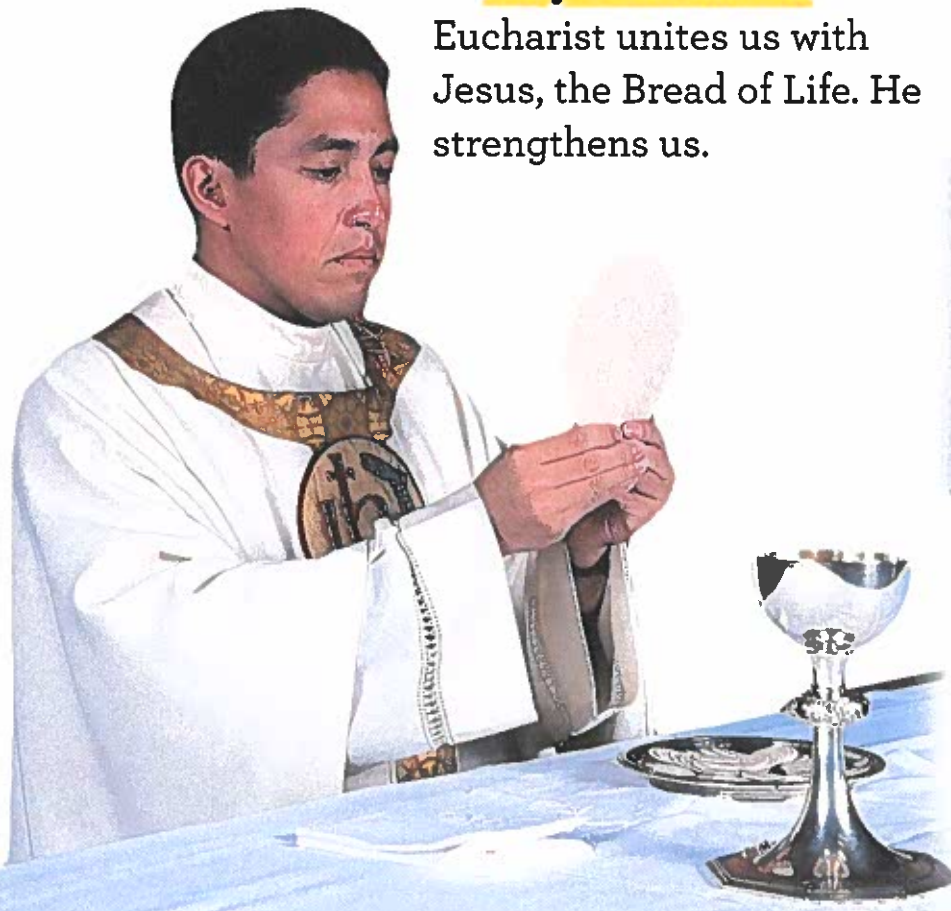
The Mass is a holy meal for the People of God today. At Mass Jesus gives us himself in the **Eucharist**. Through the Holy Spirit, bread and wine become the Body and Blood of Jesus Christ. We give thanks for Jesus' sacrifice.

**GO TO** pages 269-270 to learn more about the Liturgy of the Eucharist.

## Our Church Teaches

Only a priest can preside over, or lead, the celebration of the Eucharist. We receive the Body and Blood of Christ in **Holy Communion**. The

Eucharist unites us with Jesus, the Bread of Life. He strengthens us.



## We Believe

In Holy Communion, Christ gives us himself, the Bread of Life.

## Faith Words

### Eucharist

The Eucharist is a sacrifice and a special meal of thanks.

### Holy Communion

We receive the Body and Blood of Christ in Holy Communion

### Scripture Verse

... [H]e took bread, said the blessing, broke it, and gave it to them.

Luke 24:30

What do Catholics do when they receive Holy Communion?

## Going to Communion



Sister Christine was meeting with a group of girls and boys. She said, “Tell me what you know about receiving Holy Communion.”

Every hand in the group shot up!

Paolo answered first. “I must have already received Penance and Reconciliation before my First Communion. I must be free of serious sin,” he said.

Lucy said, “I shouldn’t eat or drink anything but water for one hour before receiving Communion.”

“I can receive Communion either in my hand or on my tongue,” added April.

“The priest, deacon, or extraordinary minister of Holy Communion says, ‘The Body of Christ.’ Then I bow and answer ‘Amen,’” said Mike.

“Then I am offered the Blood of Christ from the cup,” said Trish, “and I bow and answer ‘Amen’ again.”

José said, “After Communion, I return to my place in church. I give thanks because I have received the gift of the Eucharist.”

“Wow!” said Sister. “You didn’t forget a thing!”

If you have celebrated First Eucharist, what do you do after receiving Holy Communion?



## ACTIVITY

Cross out each Q, X, or Z in the puzzle.



Q I Z X A Q X X M Q X Z  
X T Z Q H Z Q E Z Z  
B Z Q R Q E Q Z A Z X D  
Z X O Q Z F Q X  
L X Z I Q X F Q Z E

Complete the sentence with words you found in the puzzle. Jesus told his followers,

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In what ways can we celebrate being one with Jesus?

# Praying with a Gospel Story

**Leader:** Let us think about and pray with the story of the Last Supper.

**Relax** Close your eyes. Be very still. Think of a quiet place. Ask Jesus to fill your mind and heart.

**Remember** Think about the story of the Last Supper.

**Imagine** Imagine that you are sitting at the table with Jesus and his friends. What is happening around you?

**Think** How will you thank Jesus for the gift of the Eucharist? How might you tell Jesus that you will remember him?  
*(Pause.)*

Slowly open your eyes. Pray together with me:

**All:** **Father, you love all of us. You invite us to come to your table. We want to receive the Body and Blood of your Son, Jesus. Fill us with the joy of the Holy Spirit. Amen.**



# Chapter Review

# 14

## A Complete the definition

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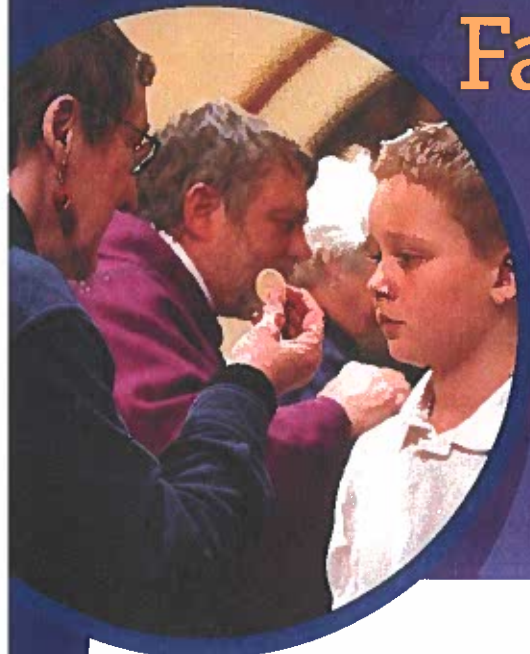
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During the \_\_\_\_\_  
we remember and give thanks for Jesus' sacrifice of himself.

## B Draw a line to match the descriptions with the correct words.

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|---|---|-------------------|
| 1. Another name for receiving the Body and Blood of Christ                                      | • | • in the hand     |
| 2. Our answer when the minister of Communion says "The Body of Christ" or "The Blood of Christ" | • | • the Last Supper |
| 3. One way to receive the Body of Christ  | • | • Amen            |
| 4. Who presides, or leads, the Eucharist  | • | • Holy Communion  |
| 5. What we remember during the Liturgy of the Eucharist   | • | • the priest      |

# Faith in *Action*



**Extraordinary Ministers of Holy Communion** Extraordinary ministers of Holy Communion distribute Communion at Mass or take the Eucharist to people who are sick or homebound. They pray with them and comfort them. These ministers show respect for each person they serve.

## *In Everyday Life*

**ACTIVITY** Write one way you will show respect for someone you will serve this week.

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## *In Your Parish*

**ACTIVITY** Write the letter for the missing word in each sentence.

**A. Eucharist B. gift C. priests D. respect E. serve**

1. All who give out Holy Communion show \_\_\_\_\_ for others.
2. Deacons and \_\_\_\_\_ also give out Holy Communion.
3. Ministers of Holy Communion take the \_\_\_\_\_ to others.
4. All ministers of Holy Communion \_\_\_\_\_ people.
5. In the Eucharist, we receive the \_\_\_\_\_ of Christ.